



## WINTER SEASON 2021

### Code of Conduct

All members, players, parents, coaches, managers, spectators and others involved with East's FC must be required to display good behaviour and good sportsmanship at all times. The following requirements are not exhaustive.

Any person who does not comply with this Code of Conduct or who otherwise causes a disturbance may be evicted from a venue, banned from attending future matches, expelled from membership of East's FC or face other disciplinary action in accordance with the Rules and Policies of East's FC.

All people involved with East's FC must comply with the following:

- I will respect the rights, dignity and worth of every person regardless of their gender, ability, race, colour, religion, language, politics, national or ethnic origin.
- I will not engage in discrimination, harassment or abuse in any form, including the use of obscene or offensive language or gestures, the incitement of hatred or violence or partaking in indecent or racist chanting.
- I will display good sportsmanship and towards all players and others involved in the sport.
- I will treat all players in the sport as I like to be treated with respect and politeness. I will not bully or take unfair advantage of others.
- I will maintain good behaviour and not lose my temper, get angry or upset. I will not abuse officials, coaches or opposition players I will display modesty in victory and graciousness in defeat.
- I will comply with the terms of entry and other requirements of all venues and grounds. I will not damage or leave any rubbish at venues or grounds.
- I will not, and must not attempt to, bring into a venue national or political flags or emblems or offensive or inappropriate banners, whether written in English or other language or symbols.
- I will not use violence in any form, whether it is against other spectators, team officials including coaches, match officials or players.
- I will not arrive at a venue intoxicated, drink alcohol or take drugs at games or training.
- I will comply with the rules and policies of East's FC, associated bodies and the reasonable instructions of East's FC club officials.
- I understand East's FC is a community not-for-profit club. I will do what I can to assist and contribute to the club and the sport.
- I will not contribute or encourage any form of negative social media.
- I understand that images and or digital video may be recorded for coaching and other East's FC Football related purposes.
- I grant permission to use digital images of myself or child in East's FC promotional material and or social media exposure.
- Any failure to fulfil my financial obligations and any other obligations outlined above may result in the suspension of my or my child's participation in East's FC.



All players must comply with the following:

- I will always play by the rules of the game and in good spirit.
- I will play as part of a team, for the benefit and enjoyment of the team and all the players in it. I will support and encourage my team-mates to play fairly, improve their skills and enjoy the game.
- I will not deliberately distract or provoke an opponent and acknowledge this is not acceptable or permitted behaviour in any sport.
- I will cooperate with my coach and team-mates to help everyone involved enjoy the sport and develop football skills.
- I will attend training sessions and assist the coach and team by following the instructions of the coach, cooperating and assisting the team train effectively. I will not cause nuisance or distraction at training or games.
- I will never argue with an official. If I disagree with a decision, I will inform the captain, coach or manager during a break or after the game.
- I will thank the opposition and officials at the end of the game.
- I will not take or encourage performance enhancing drugs.

All coaches, managers and registered team officials must comply with the following:

- I will remember that players participate for enjoyment personal and skill development and winning is only part of the fun.
- I will operate within the rules and spirit of the game and teach my players to do the same.
- I will encourage players to develop their skills and improve their fitness, flexibility and strength, while all the time ensuring the safety and wellbeing of players.
- I will never ridicule or yell at players for making a mistake or not winning.
- I will be impartial, consistent, objective and courteous when making decisions.
- I will accept responsibility for my actions and decisions.
- I will be reasonable in my demands on players' time, energy and enthusiasm.
- I will ensure that the time players spend with me is a positive experience. I will avoid overplaying the talented players and understand that the average players need and deserve equal time.
- I will communicate clearly with players and parents about training and games.
- I will not use bad language nor will I harass players, officials, spectators or other coaches.
- I will ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- I will avoid any situations that may lead to or be construed as a conflict of interest.
- I will be a positive role model in behaviour and personal appearance and ensure my comments are positive and supportive.
- I will display control, respect and professionalism to all involved with the sport including opponents, referees, coaches, officials, administrators, the media, parents and spectators. I will encourage my players to do the same.
- I will show concern and caution toward sick and injured players and follow the advice of a physician when determining whether an injured player is ready to recommence training or competition



- I will obtain appropriate qualifications, endeavour to continuously improve my coaching skills and keep up to date with the latest coaching practices, principles of growth and development of young players and the laws of the game.
- I will not arrive at the venue intoxicated or drink alcohol at junior matches.
- I will not allow the unlawful supply of alcohol at training, games or club functions.
- I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.
- I will discourage and wherever possible prevent the use of performance enhancing drugs by players and others.
- I understand the significant duty of care I have in coaching players.
- I will liaise with East's FC officials and keep them properly informed of all material events and issues that affect the club, players or parents etc.

All Parent & Spectators must comply with the following:

- I won't pressure my child in any way - I know that this is their game not mine.
- I will not use bad language, nor will I harass players, coaches, officials or other Spectators.
- I will encourage my child to play within the rules and respect officials' and coaches' decisions - no matter what.
- I will teach my child to respect the efforts of their opponents.
- I will remember that children learn best by example so I will applaud good play and performances by both my child's team and their opponents.
- I will give positive comments that motivate and encourage continued effort
- I will focus on my child's efforts and performance - not the score.
- I will respect and appreciate the coaches, club officials and other volunteers who give their time to facilitate and organize the sport and run East's FC.
- I will help when asked by a coach or official.
- I won't criticise or ridicule my child's performance after the game.
- I will not throw missiles (including on to the field of play or at other spectators) and must not enter the field of play or its surrounds without lawful authority.

### **Development Selective Squad**

#### **PLAYER/PARENT COMMITMENT AGREEMENT**

East's FC DS is a highly focused football development programme offered to boys and girls who demonstrate a particular level of skill, commitment and desire to develop their football skills. Over the years we have been running our programme, we have created a solid pathway for our players, with many being offered and securing NPL & WPL positions in the junior leagues.

In being invited to be part of the East's FC DS, your son/daughter will be involved in a programme that under the guidance of the club's Technical Director Andrew Morris has been designed to provide young footballers with the opportunity to reach their fullest potential.

This is primarily a skill and technique based programme, closely following the development fundamentals set down by the FFA for youth football development.



Coaching methods, training sessions and match day guidance have been well considered as part of the primary objective of player development.

By taking part in this programme you are agreeing for your son and daughter to be coached and trained in accordance with this programme.

It is essential that as a parent you do not try to offer your own coaching or guidance to players from the sideline during training sessions or matches, as this undermines both the coach and the programme and is detrimental to the players confidence and development. Failure to comply may result in your son/daughter being asked to leave the programme.

Positive words of encouragement to the players are of course always welcome.

East's FC is always happy to discuss any questions and concerns you may have about the program and your child and encourages any and all interaction so that everyone is well aware of what we are all trying to achieve for the benefit of your child, and our players.

By accepting your son/daughter's offer to join East's FC Development Squad, you are agreeing to conform with the above, and the following terms:

- Parents must advise the club of any illness or injury your child may be carrying.
- Parents acknowledge they have both received and familiarised themselves with the following documents provided by the club:
  - Football Development Path for boys and girls
  - Talent identification and advance player pathway for young footballers
  - Being a supporting sports parent
- Parents must advise the club of any specific needs of their child be it medical or other, prior to their participation in any training or games.
- Players are expected to attend all practices and games, exception being granted due to a prearranged family event, school event, an illness or injury.
- Players must bring water & wear shin-guards to all practices, training sessions and games.
- Players must arrive to the practice field at least 10 minutes prior to start-time.
- Players must arrive at least 30 minutes prior to all scheduled game times.
- Parents must contact Team Manager or Coach at least (when possible) two hours minimum prior to practice time if the player is unable to attend practice.
- If player is unable to attend a scheduled game, parent must notify Team Manager at least two days prior to scheduled match.

Parent/Legal Guardian Acceptance:

I the legal guardian of the player named below accept the terms and conditions of the East's FC Selective Development Squad. I acknowledge that I am committing my child to play for the club for the entire winter season.