

East's FC – Code of Conduct

Senior Players



All members, players, parents, coaches, managers, spectators and others involved with East's FC must be required to display good behaviour and good sportsmanship at all times. The following requirements are not exhaustive.

Any person who does not comply with this Code of Conduct or who otherwise causes a disturbance may be evicted from a venue, banned from attending future matches, expelled from membership of East's FC or face other disciplinary action in accordance with the Rules and Policies of East's FC.

All people involved with East's FC must comply with the following:

- I will respect the rights, dignity and worth of every person regardless of their gender, ability, race, colour, religion, language, politics, national or ethnic origin.
- I will not engage in discrimination, harassment or abuse in any form, including the use of obscene or offensive language or gestures, the incitement of hatred or violence or partaking in indecent or racist chanting.
- I will display good sportsmanship and towards all players and others involved in the sport.
- I will treat all players in the sport as I like to be treated with respect and politeness. I will not bully or take unfair advantage of others.
- I will maintain good behaviour and not lose my temper, get angry or upset. I will not abuse officials, coaches or opposition players I will display modesty in victory and graciousness in defeat.
- I will comply with the terms of entry and other requirements of all venues and grounds. I will not damage or leave any rubbish at venues or grounds.
- I will not, and must not attempt to, bring into a venue national or political flags or emblems or offensive or inappropriate banners, whether written in English or other language or symbols.
- I will not use violence in any form, whether it is against other spectators, team officials including coaches, match officials or players.
- I will not arrive at a venue intoxicated, drink alcohol or take drugs at games or training.
- I will comply with the rules and policies of East's FC, associated bodies and the reasonable instructions of East's FC club officials.
- I understand East's FC is a community not-for-profit club that is run by volunteers. I will do what I can to assist and contribute to the club and the sport.

All players must comply with the following:

- I will always play by the rules of the game and in good spirit.
- I will play as part of a team, for the benefit and enjoyment of the team and all the players in it. I will support and encourage my team-mates to play fairly, improve their skills and enjoy the game.
- I will not deliberately distract or provoke an opponent and acknowledge this is not acceptable or permitted behaviour in any sport.
- I will cooperate with my coach and team-mates to help everyone involved enjoy the sport and develop football skills.



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- I will attend training sessions and assist the coach and team by following the instructions of the coach, cooperating and assisting the team train effectively. I will not cause nuisance or distraction at training or games.
- I will never argue with an official. If I disagree with a decision I will inform the captain, coach or manager during a break or after the game.
- I will thank the opposition and officials at the end of the game.
- I will not take performance enhancing drugs.

All coaches, managers and registered team officials must comply with the following:

- I will remember that players participate for enjoyment personal and skill development and winning is only part of the fun.
- I will operate within the rules and spirit of the game and teach my players to do the same.
- I will encourage players to develop their skills and improve their fitness, flexibility and strength, while all the time ensuring the safety and wellbeing of players.
- I will never ridicule or yell at players for making a mistake or not winning.
- I will be impartial, consistent, objective and courteous when making decisions.
- I will accept responsibility for my actions and decisions.
- I will be reasonable in my demands on players' time, energy and enthusiasm.
- I will ensure that the time players spend with me is a positive experience. I will avoid overplaying the talented players and understand that the average players need and deserve equal time.
- I will communicate clearly with players and parents about training and games.
- I will not use bad language nor will I harass players, officials, spectators or other coaches.
- I will ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- I will avoid any situations that may lead to or be construed as a conflict of interest.
- I will be a positive role model in behaviour and personal appearance and ensure my comments are positive and supportive.
- I will display control, respect and professionalism to all involved with the sport including opponents, referees, coaches, officials, administrators, the media, parents and spectators. I will encourage my players to do the same.
- I will show concern and caution toward sick and injured players and follow the advice of a physician when determining whether an injured player is ready to recommence training or competition
- I will obtain appropriate qualifications, endeavour to continuously improve my coaching skills and keep up to date with the latest coaching practices, principles of growth and development of young players and the laws of the game.
- I will not arrive at the venue intoxicated or drink alcohol at junior matches.
- I will not allow the unlawful supply of alcohol at training, games or club functions.
- I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.



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- I will discourage and wherever possible prevent the use of performance enhancing drugs by players and others.
- I understand the significant duty of care I have in coaching players.
- I will liaise with East's FC officials and keep them properly informed of all material events and issues that affect the club, players or parents etc.

All Parent & Spectators must comply with the following:

- I won't pressure my child in any way - I know that this is their game not mine.
- I will not use bad language, nor will I harass players, coaches, officials or other Spectators.
- I will encourage my child to play within the rules and respect officials' and coaches' decisions - no matter what.
- I will teach my child to respect the efforts of their opponents.
- I will remember that children learn best by example so I will applaud good play and performances by both my child's team and their opponents.
- I will give positive comments that motivate and encourage continued effort
- I will focus on my child's efforts and performance - not the score.
- I will respect and appreciate the coaches, club officials and other volunteers who give their time to facilitate and organize the sport and run East's FC.
- I will help when asked by a coach or official.
- I won't criticise or ridicule my child's performance after the game.
- I will not throw missiles (including on to the field of play or at other spectators) and must not enter the field of play or its surrounds without lawful authority.

